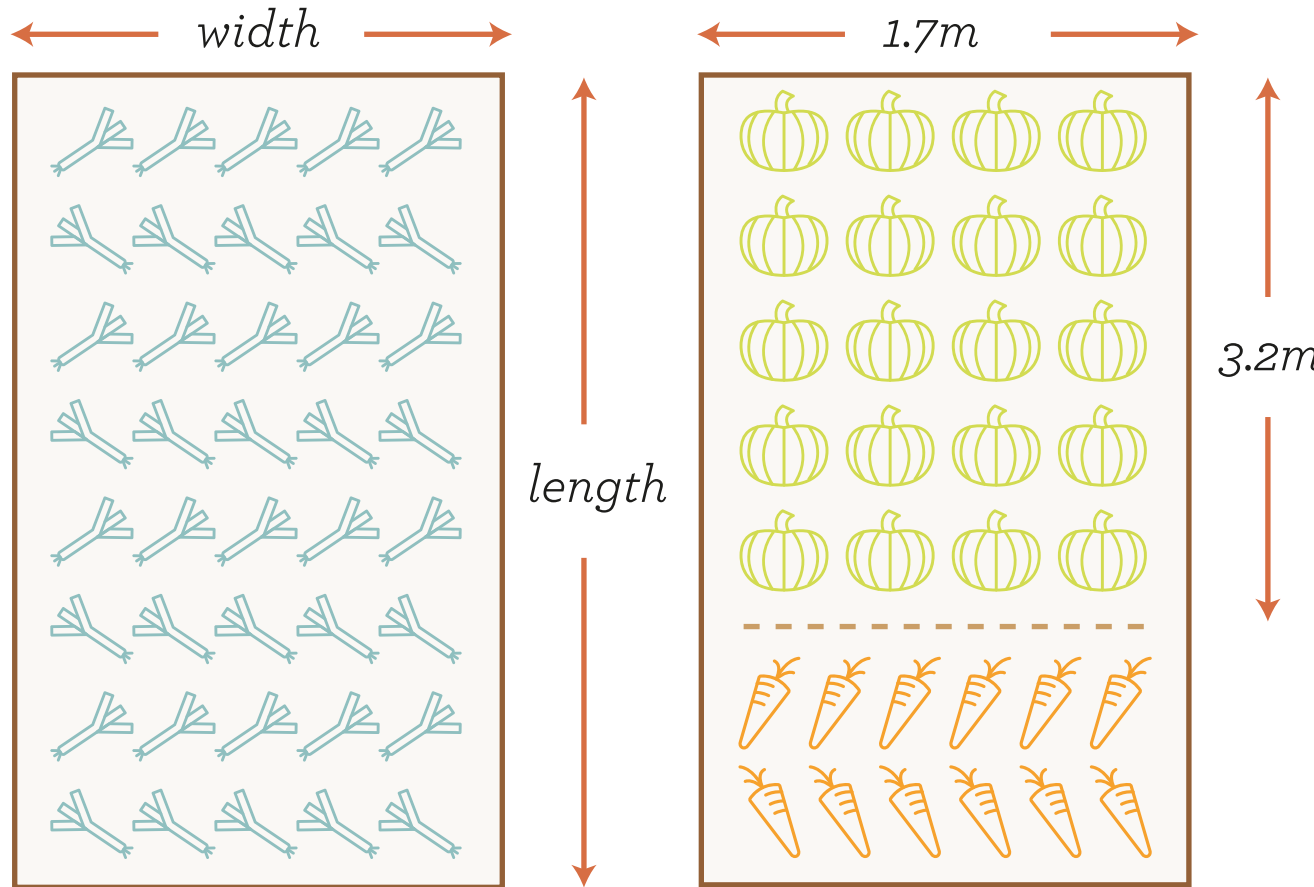


measuring

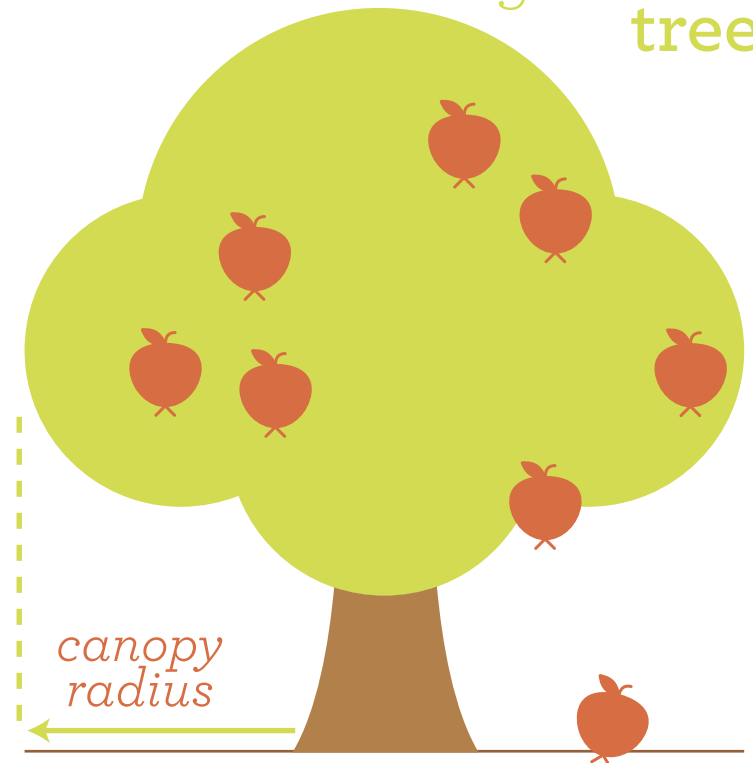
your crop growing area

fig 1. growing beds



$$\begin{array}{r} \text{width} = 1.7\text{m} \\ \times \\ \text{length} = 3.2\text{m} \\ \hline = \\ \text{area} = 5.44\text{m}^2 \end{array}$$

fig 2. fruit tree

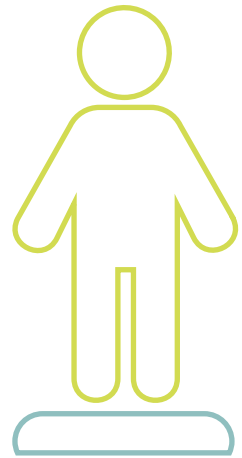


Use a measuring tape to measure the width and length of each fruit or vegetable crop growing area. Multiply the width by the length to give you the area. Measurements can be taken in either feet or metres, but please select the correct units on the website when logging your crop (please see figure 1 for details).

If you are logging a fruit tree we need to estimate the area of ground that your tree covers (this the tree canopy). All we need to do this is the distance from the tree trunk to farthest leaves (please see figure 2).

weighing your harvest

fig 3. bathroom scales



weight 1 = 80kg



weight 2 = 93kg

$$\begin{array}{r} \text{weight 2} = 93\text{kg} \\ - \\ \text{weight 1} = 80\text{kg} \\ \hline = \\ \text{crop} = 13\text{kg} \end{array}$$

Most crops are harvested regularly over the growing season, other crops (like potatoes and onions) can be harvested at one time. You can submit your crop weights as you harvest them (and the website will add up your total harvest) or you can submit a total weight when you have finished harvesting your crop. You can submit your harvest weights in either kilograms (e.g. 2.6 kg) or ounces (e.g. 20 oz - [click here to get a simple chart to convert your harvest weight in pounds and ounces to just ounces](#)).

Harvest your crop as you normally would and trim it as you might expect to buy it from a farm store (for crop specific guidelines, see the table below). Small, regular harvests can be weighed on kitchen scales. Large harvests can be weighed in batches on your kitchen scales or on bathroom scales using this method:

1. Stand on the bathroom scales and write down your weight
2. Pick up your harvest and write down your weight with the harvest
3. Subtract your weight from the weight of you holding your crop to calculate the weight of your harvest

[You can download these instructions here.](#)

[You can also print out a MYHarvest recording sheet by clicking here.](#)



fig 4. kitchen scales